

Psalms

Worship regulated by the Word – Christ in the Psalms

Theme: Ten reasons why you should study and memorize the Psalms:

1. Worship is a command. The book of Psalms, or Psalter, is the hymnbook of the Church at worship.
2. God commands us to meditate on His Word. The Psalter is part of God's inspired, infallible and authoritative Word.
3. The Psalter is God's covenant instruction.
4. The man who delights in the Psalms is blessed.
5. Christ is the theme of the Psalter. The book of Psalms teaches us about Christ and shows us His glory.
6. The Psalms teach us how to think and feel biblically. They shape our thinking and our emotions.
7. The book of Psalms teaches us about God. It points us to God's perfections and His Trinitarian glory.
8. The book of Psalms teaches us about man and points us to the cross.
9. Singing the Psalms in both personal and corporate worship is our heritage as Reformed Christians. The Psalms are songs or poems and are meant to be sung as poetry.
10. The Psalms teach us how to commune with our Triune God through prayer and confession.