

Psalms

Worship regulated by the Word – Christ in the Psalms

Psalm 103 – *Bless the Lord, O my soul!*

Theme: David *praises* God for all the benefits of *salvation in Christ* and calls for a *corporate* and *universal* worship.

Outline:

“Bless the Lord!”

- I. A call for praise in the Church (103:1-19)
 - a. Personally (103:1-5)
 - b. Corporately (103:6-19)

- II. A call for praise in the creation (103:20-22)
 - a. Angels (103:20-21)
 - b. Works of creation (103:22a-b)

Observations:

1. Hermeneutical principle: “We ought to read *the Scriptures* with the express design of finding Christ in them.” ~ John Calvin

2. Christ is the Theme of all Scripture. (Luke 24:44; John 5:39–47)

Exposition:

Psalm 103 points us to the Cross as the greatest expression of God’s love for His people.

Sinners enjoy the great benefits of salvation because of Christ’s finished work.

(Romans 5:8)

Application:

Like David, we need to preach the Gospel to ourselves daily. The Gospel is God’s power to save believers. (Psalm 103:1, 22; Romans 1:7, 15-17)